











MENINGOCOCCAL MENINGITIS IS CURABLE

IF TREATED IMMEDIATELY!

HOW IS IT SPREAD?	HOW TO AVOID SPREADING IT?
From person to person (not animals)	Use handkerchief while coughing or sneezing
By cough, sneeze, saliva	Do not spit indiscriminately

Which are the early symptoms in adults and children ?

 Sudden fever > 38	 Severe headache	 Stiff neck/pain	 Nausea / Vomiting
Only in children			
 Light bother (photophobia)	 Seizures	 Difficult waking up; floppy appearance	 Apathy; refuse drink; bulging fontanelle

More severe symptoms can be

- SKIN RASH, BLUISH OR PURPLISH DISCOLOURATION (PURPURA)
- NEUROLOGICAL SIGN (CONFUSION, UNCONSCIOUSNESS)

**IF YOU SEE ANY OF THESE SYMPTOMS
DO NOT DELAY AND AVOID SELF MEDICATION!!!RUSH TO THE
NEAREST HEALTH CENTER OR HOSPITAL.TREATMENT IN GOVERNMENT HEALTH CENTRES OR
HOSPITALS IS AVAILABLE FREE OF CHARGE
For any information or complaints call**

East Khasi Hills	2506520/2505842	East Garo Hills	220395
Jaintia Hills	224564/220735	West Garo Hills	224725
West Khasi Hills	280248	South Garo Hills	222228
Ri Bhoi	232319		